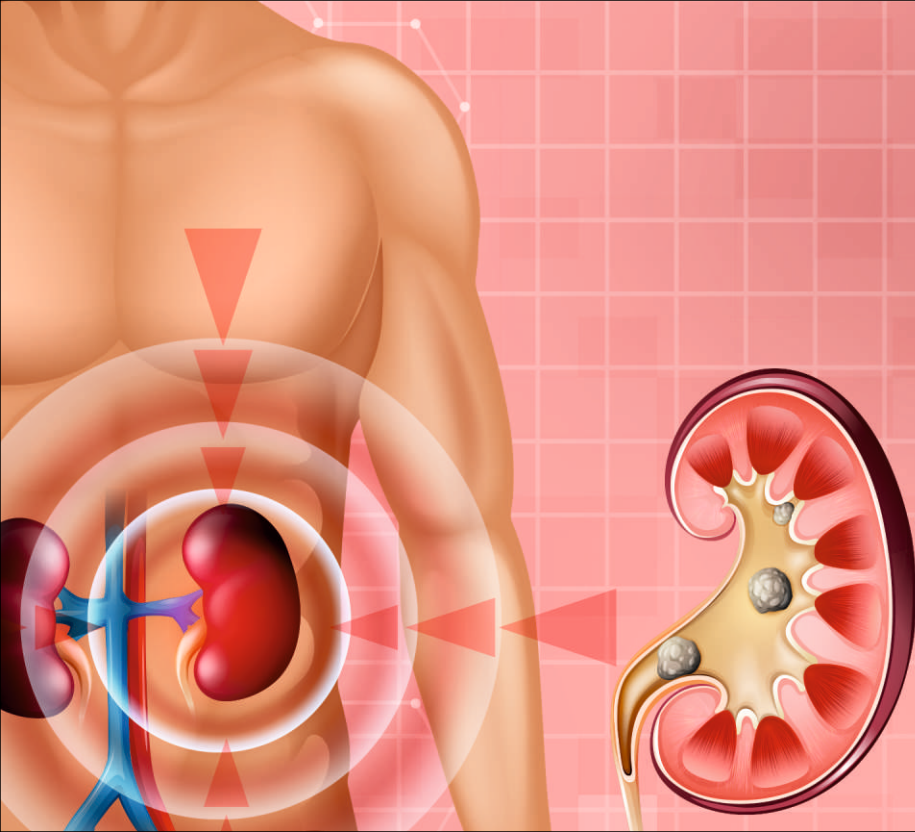


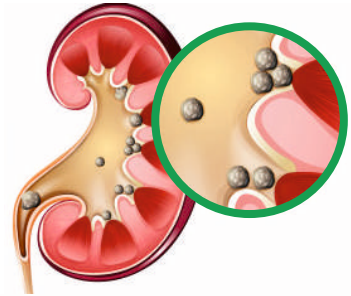


KIDNEY STONE





KIDNEY STONE



- Kidney stone are the small deposits made of minerals & salts which stick together in urine that forms kidney stone. however they can develop anywhere in urinary tract :- **Kidney, Uterus, Bladder & Urethra.**
- kidney filter the waste from the blood
- Kidney stone is one of the most painful & common condition. every 1 out of 15 people get kidney stone.
- The size of kidney stone vary from small crystals to big sponge. sometime, it may cover the entire kidney

SYMPTOMS:-

- Pain in back, lower abdomen or side.
- Burning sensation or pain during urination
- Blood in urine
- Nausea & vomiting
- Cloudy or smelly urine

PREVENTION:-

- Drink more fluid
- Reduce salt intake
- Limit protein intake in diet
- Avoid instant tea & coffee



NONI JUICE

ALTOS
Health is Life





Noni Juice

Noni is a fruit whose juice is considered good for health. Noni is also known as **Morinda Citrifolia** Noni contains plenty of **antioxidants, Vitamin C, vitamin B1, B2, B3, vitamin A, Calcium, Potassium, Phosphorus & Iron.**

Benefits of Noni Juice

- Consumption of noni juice daily increases the blood flow in the arteries and controls blood pressure.
- Noni juice has anti-bacterial, anti-fungal and anti-inflammatory properties.
- Consuming noni juice daily reduces the stress hormone cortisol levels and relieves stress.
- Noni juice contains vitamin C and selenium which fights free radicals and protects the skin from its harmful effects.
- Noni juice is a rich source of vitamin C, it helps promote metabolism and digestive power.
- Consuming noni juice due to its anti-viral properties, it helps to cure cold, cough, fever and body pain.

- Helps to Boost immunity
- Helps to treat Gastric problems
- Helps to reduce Allergy
- Consumption of noni helps to reduce the risk of diabetes
- Effective for people suffering with Arthritis
- Rich source of Anti-oxidants
- Helps to revitalize cells & Tissues



- Antioxidants
- Vitamin C
- Vitamin B1
- Vitamin B2
- Vitamin B3
- Vitamin A
- Calcium
- Potassium
- Phosphorus
- Iron



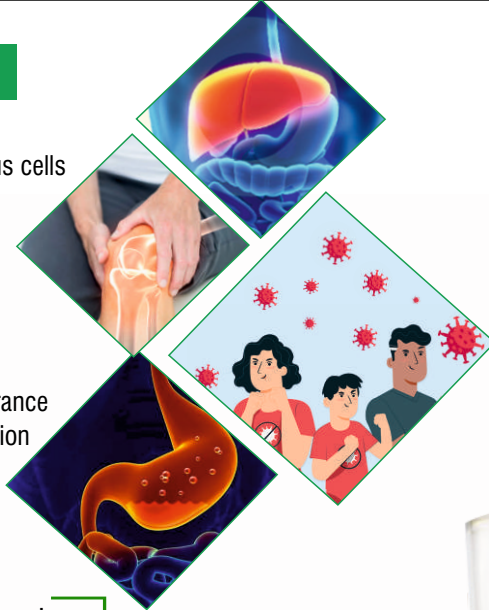
Benefits of Noni Juice

- Helps to purify blood
- Helps to reduce risk of developing cancerous cells
- Helps to improve skin quality
- Helps to promote healthy heart
- Helps in weight management
- Helps to improve sleep quality
- Helps to promote healthy Liver function
- Helps to improve joint pain & mobility
- Helps to increase physical Stamina & Endurance
- Effective against Smoking & Drinking addiction
- Due to Presence of chlorophyll, It helps to increase Platelet count.

Dose

Children above 5 years: 5 ml thrice a day
Adults (First 5 days): 10 ml thrice a day
After 5 days: 20 ml thrice a day

Diluted in lukewarm water empty stomach.



Note: Not to be consumed during pregnancy, Lactation & dysentery



CURCUM PLUS



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ALTOS

CURCUM PLUS **CAPSULE**

Advance Anti Oxidant & Anti Inflammatory

Enhanced with black pepper extract

Unique proprietary blend for superior
Bio-availibility & Absorptoin

Intense formula with higher effectiveness
Made with Organic Natural Herbs

IMMUNITY WELLNESS

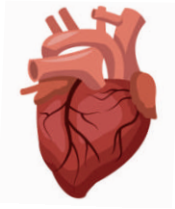


Curcum Plus

Curcum capsule is made with **CURCUMIN EXTRACT (95%)** & black pepper (5%). **CURCUMIN IS THE MAIN BIOLOGICALLY ACTIVE COMPOUND OF TURMERIC.**

Benefits of Curcum Plus

- Helps to keep you active 24 hrs.
- It can inhibit the activation of carcinogens through suppression of cytochrome P-450 enzyme which means it is powerful enzyme to keep your heart active.
- Helps to boost Neurotrophic factor which means it act as booster for functioning of brain for e.g due to lack of physical & mental activity, brain function gets slower down.
- Helps to increase the activity of pancreatic lipase, amylase & trypsin. By this, it aids in the digestion process which means it keeps your digestive system heathy.
- Helps to calm skin conditions like Eczema & Rosacea. Also, it is good for acne & blemishes.



1kg of Turmeric

20 Gm of Curcumin

Advance Anti Oxidant & Anti Inflammatory
 Enhanced with black pepper extract
 Unique proprietary blend for superior Bio-availability & Absorptoin
 Intense formula with higher effectiveness
 Made with Organic Natural Herbs
IMMUNITY WELLNESS



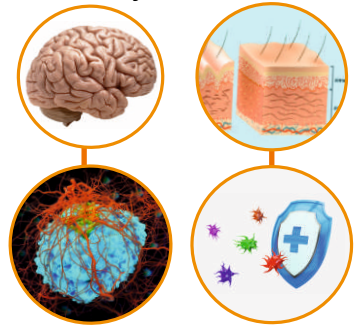
Benefits of Curcum Plus

- It not only increases the anti oxidant in body but also activates body's own anti oxidant enzymes.
- Blocks NF-kB, a molecule that turn on the genes related to inflammation.
- Curcumin inhibits the production of lipoxygenase & cyclooxygenase-2 (COX-2), two enzymes that are involved in promoting inflammation in the body which means, it acts as a most powerful anti-inflammatory agent.
- Chronic inflammation contributes to many common western diseases such as Cancer, Metabolic Syndrome, Alzheimer's & various degenerative conditions.
- Curcumin can suppress many molecules known to play major role in inflammation.
- Helps to kill cancerous cells & helps to prevent metastasis that spread cancer in the body.

Dose

Take 1 capsule morning & evening everyday or as directed by the Physician.

**Do not exceed the above mentioned Dose.*



TULSI POWER



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Tulsi Power

Ocimum tenuiflorum is commonly known as Holy Basil or Tulsi. Altos Tulsi Power is made by the extraction of five types of Tulsi: Tulsi, .Ram Tulsi, Kapuri Tulsi, Wan Tulsi & Shavet Tulsi.

Benefits of Tulsi Power

- It is good in many diseases like cold & cough, Fever, Constipation, Joint Pain, Headache, Ulcer, Weakness etc.
- It helps to make body active.
- With regular use, it helps to control level of cholesterol in body.
- It acts as a Blood Purifier.
- It helps to lower down Stress and Anxiety.
- It helps in lowering down blood pressure level.
- It helps to boost immune system.
- Tulsi has Anti-cancer property.
- It is used in treatment of Asthma.
- It is used as mouth freshener in order to remove foul odour.
- It is also beneficial in growth of kids.





Benefits of Tulsi Power

- It is helpful to keep kidney healthy.
- It is helpful in protection from Radiation.
- It is helpful in treating skin problems.

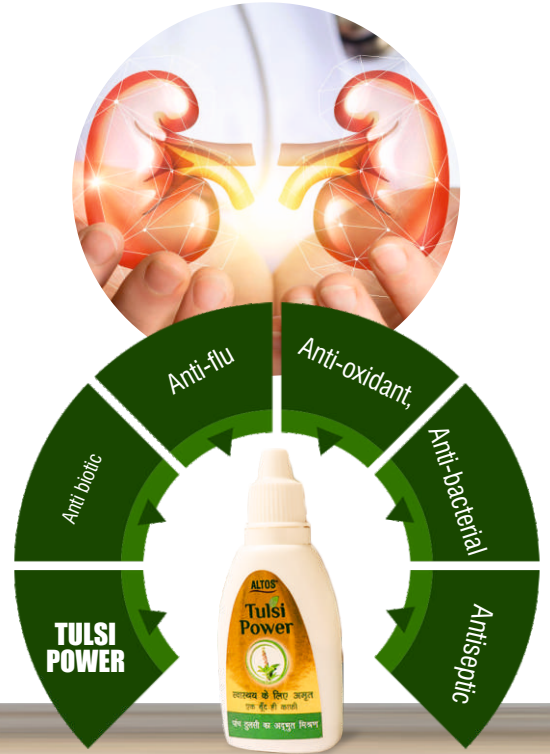
Dose

KIDS 2-2 drops twice a day with milk

ADULTS 5-5 drops twice a day with water or Tea

UNHEALTHY If unhealthy people will take medication with Tulsi Power, they will get better results

- * Eat fresh fruits & vegetablee
- * Take a glass of milk every day



**OREGEL
ALOEVERA**



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Health is Life

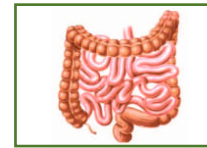


Oregel Aloe vera

There are more than 300 types of Aloe vera but Aloe barbadensis is mainly used. Altos Oregel Syrup is prepared from Aloe barbadensis which contains high amount of Fibrous juice & it is rich in Nutrients. Oregel Syrup contains Fibres of Aloe vera. Oregel syrup contains natural and pure Aloe vera which is considered in whole world as a magical remedy for different diseases of the body.

Benefits of Oregel Aloe vera

- It helps in proper functioning of the Digestive system.
- It helps to boost Immune system.
- It has anti-oxidant and anti-bacterial properties.
- It helps to increase the rate of Healing of burns.
- It helps to minimize Dental Plaque.
- It helps in reducing Constipation.
- It may prevent Wrinkles and improves skin.
- It helps in lowering Blood Sugar Level.



Dose

First 5 Days : 10-15 ml twice a day(morning and evening) a day diluted in 4-5 times
 After 5 Days : 30-50 ml twice a day(morning and evening) a day, diluted in 4-5 times

of lukewarm water or as directed by Physician.





PILES TREATMENT





PILES

Piles, also called as haemorrhoids are swollen veins in your anus & lower rectum. it causes severe itching & discomfort around the anus.it can develop inside or outside.

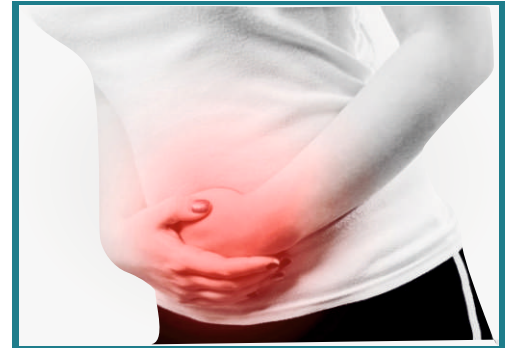
- **Internal haemorrhoids:** these are painless & bleeding occurs during bowel movements
- **External haemorrhoids:** it causes severe pain, itching or irritation & swelling in the area of anus

FACTORS

- Sitting for long periods of time on the toilet
- Chronic diarrhoea or constipation
- Obesity
- Pregnancy
- Eating a low-fiber diet
- Regular heavy lifting

PREVENTION:-

- Eat high-fiber foods
- Drink plenty of fluids
- Exercise
- Avoid long periods of sitting



ALTOS
Health is Life

**OREPILES
Capsule &
Ointment**





Ore piles Capsule & Ointment

Piles or hemorrhoids develops around the anus, involving swelling or inflammation of the veins, within or just outside the anus. The condition causes severe pain and irritation, making it difficult to even sit down. Ore piles capsules give relief from Bleeding, Pain and Burning Sensation. It is Safe and Natural.

Benefits of Ore Piles Capsule & Ointment

- Gives relief from Bleeding, Pain & Burning Sensation.
- Improves Digestion & Bowel movements
- Gives relief in Unbearable Fissure Pain & Burning.
- Safe, Natural & Effective with no reported Side effects.

Dose

Take 1 capsule thrice a day or as directed by the physician.



OREGEL ALOEVERA



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Health is Life



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**CONSOFT
POWDER**



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Consoft Powder

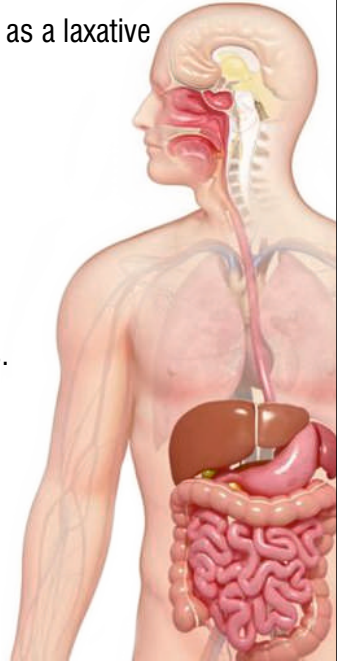
Herbal Consoft Powder contains Sannaya, Isobgol & Saunf. Sannaya added in it acts as a laxative

Benefits of Consoft Powder

- Helps to give relief from constipation.
- Helps to protect gastro-intestinal infections.
- Helps in relieving from pain aroused due to flatulence, bloating & gas.
- Enriched with numbers of minerals to sooth the intestinal walls.
- Helps to provide anti-oxidants to remove toxic substances from the intestine.
- Helps to promote digestive fire within the body to speed up the digestion process.

Dose

Take 1 tsp morning & evening a day or as directed by the physician



*Thank
you*

ALTOS ENTERPRISES LTD.

Altos Nagar, Near Radha Swami Satsang Bhawan, Hambran Road, Ludhiana-141008. (Punjab) INDIA

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