

ALTOS

Health is Life

Protect you & your Family

ORAL CARE



WHAT IS ORAL HYGIENE ?

Oral hygiene is the practice of keeping one's mouth clean and free of diseases & other problems (e.g bad breathe) by regular brushing of the teeth and cleaning between the teeth. Most common type of tooth diseases are Tooth decay or cavities, tooth erosion.

WHY ORAL CARE IS NEEDED ?

- * Dental Caries / Tooth decay
- * Tooth Loss
- * Cavities
- * Sensitive Teeth
- * Oral Cancer



DANGERS

These tooth problems will further leads to major problems such as Gingivitis & Peridontitis. Person may also have to undergo Multiple Surgeries & have to bear Pain.

PRODUCTS

- * Orefresh Toothpaste
- * Orefresh Gel
- * Oredent Toothpaste



BENEFITS

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- ✓ Helps in strengthening gums
- ✓ Helps to prevent Plaque Formation
- ✓ Helps to give double protection and long life to teeth
- ✓ Helps to provide relief from sensitivity
- ✓ Helps to provide fresh breath
- ✓ Makes a natural protective shield around the teeth and gums to fight against germs for 24 hrs
- ✓ Helps to fight against Dental Problems
- ✓ The herbal mixture in Orefresh Toothpaste maintains the whiteness of the teeth.
- ✓ Removes the yellowishness of teeth due to stains of tea, coffee, cigarette & tobacco.
- ✓ Helps to strengthen the weak gums and teeth.
- ✓ Helps to remove the sticky deposits due to accumulation of food particles.

BENEFITS

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- ✓ Helps to prevent the decay of teeth.
- ✓ Helps to prevent bad odour by cleaning teeth precisely.
- ✓ Regular use prevents the formation of tartar.
- ✓ Orefresh toothpaste is useful for whole family to maintain healthy gums and teeth.

DOSAGE

Put small amount of Toothpaste & Gel on toothbrush with soft bristles and rub it in up and down motion on teeth and gums softly. Wash the mouth with water completely. Brush twice a day for better results.

You can use these products in combination as well

active

Formula

AROPLEX & AROPLEX +

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WHAT IS AROPLEX & AROPLEX PLUS CAPSULE?

Herbal Aroplex Capsule contains Musli, Ashwagandha, Shatawari, Bahera, Darksh, Amla, Gulabphool, Sarpagandha & Shilajeet.

Herbal Aroplex Plus capsule contains mulsi, Ashwagandha, Shatawari, Bahera, Draksha, Amla, Gulab phool, Shilajeet & Saffron

HUMAN BODY:-

Human body is a set of organs which performs all the functions of body from head to toe right from birth to death. For complete healthy body, it is very important that all the system of body such as digestive system, circulatory system, Immune system & Nervous system must perform properly. So that body can work smoothly.

BLOOD:-

Blood is fluid in the body that supplies oxygen to cells & other tissues. It supplies all the essential nutrients to cells such as fatty acids etc. It helps to remove waste materials like CO_2 & Urea. Also, it helps to protect body from foreign invaders through WBCs.

The natural ingredients present in Aroplex & Aroplex + helps to increase haemoglobin level in body. It helps to protect the body from foreign particles.



AROPLEX & AROPLEX +

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BENEFITS

- *Helps to improve physical & mental health
- *Helps to boost extra immune power
- *Helps to boost extra energy & endurance
- *Contain large amounts of minerals & vitamins
- *Helps to Increase your attention span
- *Excellent remedy for fatigue
- *Helps to produce stress-resistant energy which body was meant to produce

DOSAGE:-

Aroplex & Aroplex + Capsule : Take 1 capsule morning & evening everyday or as directed by the physician.



NONI CAPSULE

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WHAT IS NONI CAPSULE?

Noni is a fruit & is known as Morinda Citrifolia.

PROPERTIES OF NONI:-

- * Noni juice contains most important nutrients - Xeronin, Scopoletin, Iron, Calcium, Zinc.
- * Copper, Sodium, Magnesium & other Vitamins.
- * It is also a rich source of Carbohydrates ascorbic acids, fructose, Proteins & fats.
- * It includes high amount of glucose & fructose, It makes Noni a boosting factor that energise body in short duration.
- * Presence of Terpene, gives it properties to act as an Anti-Cancer drug.

BENEFITS OF NONI:-

For Skin:-

- * Noni the curb negative effects of free radicals which are known to damage skin cells in the long term.
- * It builds a healthy cell membrane within the skin & aid in flushing out excess toxins.



NONI CAPSULE

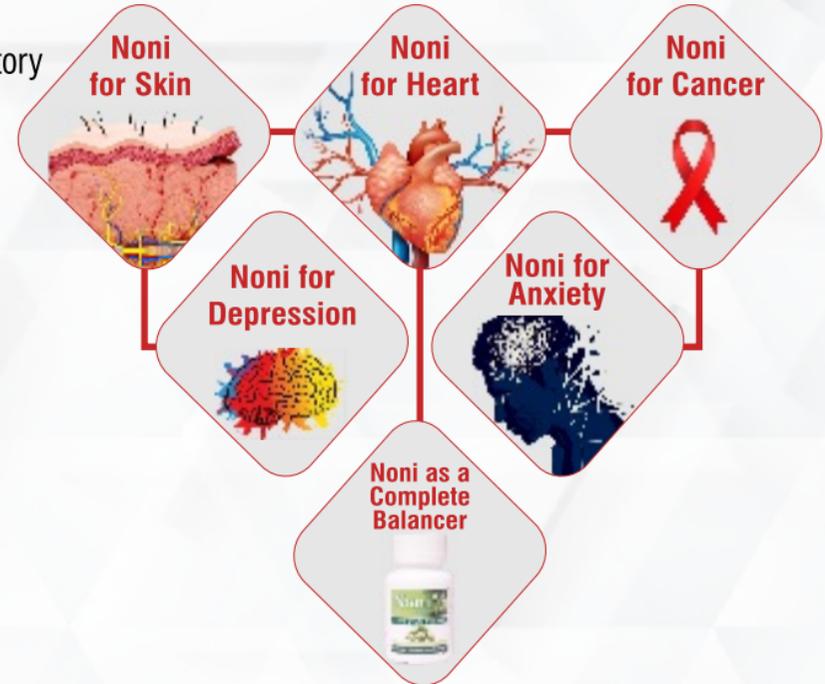
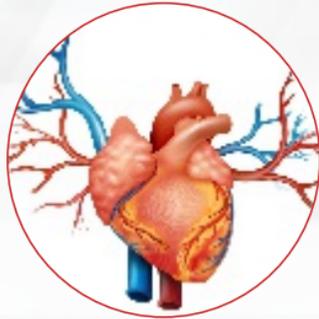
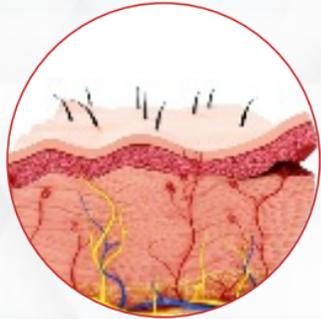
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FOR HEART

- * Noni also contains Niacin. Niacin effects blood levels by reducing LDL & elevating HDL levels.
- * Niacin helps to reduce harmful cholesterol level in the blood stream.
- * Scopoletin found in Noni juice are known to reduce blood pressure have anti-inflammatory activity.

DOSAGE

Take 1 capsule morning & evening or as directed by the physician.



HERBAL ENERGIZE POWDER

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WHAT IS HERBAL ENERGIZE POWDER?

Herbal Energize Powder contains Brahmi, Shankpushpi, Gokhru, Ashwagandha & Shatawari (Immune)

For doing any work, we must require energy to perform that activity. But because of lack of nutrition, we do not get sufficient amount of energy that is required by the today.

HOW HERBAL ENERGIZE POWDER HELPS TO IMPART ENERGY TO THE BODY?

The natural ingredients present in Herbal Energize Powder help to impart sufficient amount of energy to the body. Also it helps to enhance focus & Integrity to body & helps to overcome stress

BENEFITS

- * Helps to enhance Energy Level.
- * Helps to remove insomnia and stress.
- * Helps to enhance focus and integrity.
- * Helps to give strength to digestion.
- * Beneficial for both man and woman.
- * Helps to remove early morning's weakness and laziness.

DOSAGE : Take 1 tsp morning & evening or as directed by the physician



VIGVIT PROTIEN POWDER

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WHAT IS VIGVIT PROTEIN POWDER?

Vigvit Protein powder contains Soy protein, isolate Iron, Calcium, Skin milk powder, Vitamins, Minerals, Tri-calcium phosphate & Malto dextrin.

WHY PROTEIN IS REQUIRED IN A DAILY FOOD SUPPLEMENT?

Addition of protein in food supplement helps to boost body's fighting capability against diseases.

In today's fast world, everyone is busy in their work. So, somewhere health of a person is neglected. The addition of protein helps to provide all types of nutrients which are very essential for maintaining good health.

It helps to give natural energy to the body

HOW VIGVIT PROTEIN POWDER IS BENEFICIAL?

Blend of Vigvit Protein Powder helps to impart energy to the body. Also, it contains all the essential Amino acids, which is required for the growth of the body. It helps to promote good health.



VIGVIT PROTIEN POWDER

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DAILY NUTRIENTS REQUIREMENT

BENEFITS

- Helps to make muscles healthy.
- Helps to make haemoglobin and fills the deficiency of blood cells.
- Helps to add strength and energy to body organs.
- Helps to provide vital nutrients for athletes.
- Beneficial in providing Iron, Protein, Vitamins and minerals.
- Helps to removes the weakness in old age.
- Beneficial in state of pregnancy to restore energy level.

DOSAGE

Take 1gm morning & evening everyday or as directed by the physician

Two times a
day with 300ml
of milk

Calcium	1000 mg/day	✓
Vitamin A	900-700µg	✓
Vitamin B ₁	1mg(men) & 0.8mg	✓
Vitamin B ₂	1.3mg(men) & 1.1 of (women)	✓
Vitamin B ₆	2.5 mg	✓
Vitamin B ₁₂	1.8 mcg	✓
Vitamin C	60-90 mg	✓
Vitamin D ₃	10-25µg	✓
Zinc	11mg (men), 8mg (women)	✓
Iodine	150-400µg	✓
Soya	10-15 g/day	✓
Iron	2-11 years - 13.7-15.1 mg 12-9 years - 16.3 mg/day 19 - 19.3-20.5 (men) 17.0-18.9 mg/day	✓

TULSI POWER

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Tulsi is known as universal healer of all diseases. Regular consumption helps to promote general health & longevity to life

DOSAGE : Take 4-5 drops of Tulsi in warm add everyday

Add Tulsi drops :

- * While making chapati
- * While cooking pulses
- * Tea
- * Milk
- * In your surroundings as spray etc.



Thank You



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